

# Artificial Intelligence and Internet of Things Enabled Disease Diagnosis Model for Smart Healthcare Systems

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**Abstract:** In healthcare, the mixture of AI and IoT has unique opportunities to improve sickness analysis by using analysing information in actual-time, create individualized remedy regimens, and boom patient pleasure. Collaborative model training is possible, however protecting patients' personal information is a significant hurdle that demands for new approaches. Data privacy and security, IoT device compatibility, and regulatory compliance are major obstacles to constructing AI and IoT-enabled illness diagnostic models (IoT-IDM). Thoroughly navigating those challenges is important for figuring out the ability for synthetic intelligence and the internet of things to revolutionize healthcare shipping. A potential solution to the safety and privacy issues related to collaborative model schooling in decentralized healthcare settings is provided in this paper as Federated Learning with Blockchain-Based Privacy Preservation Techniques (FLB-PPT). Utilizing blockchain technology and federated learning principles, FLB-PPT permits widespread IoT device collaboration during model training while encrypting, differentially protecting, and decentralizing patient data to ensure privacy. Remote patient monitoring, early infection detection, chronic ailment management, predictive analytics, and the Internet of Things (IoT) are many of the few the healthcare sectors that may benefit from the cautioned sickness diagnostic version that is superior to FLB-PPT. Healthcare practitioners may empower themselves to give more accurate and tailored treatment with FLB-PPT, which harnesses the collective intelligence of distributed IoT devices while ensuring patient privacy. Evaluation of the FLB-PPT framework's performance and efficacy in a simulated healthcare environment is achieved through simulation analysis. The practicality and efficacy of FLB-PPT in actual healthcare settings are shown by conducting thorough simulations and evaluating critical parameters including model correctness, convergence rate, communication overhead, and privacy protection.

**Keywords:** *Artificial Intelligence, Internet of Things, Disease, Diagnosis, Smart, Healthcare, Federated Learning, Blockchain, Privacy, Preservation, Techniques*

## 1. Introduction

Protecting the confidentiality of individual patient information is a major concern when developing smart healthcare systems that use AI and the IoT to diagnose diseases [1]. Security breaches, illegal access, and improper use of patient data are more likely to occur in systems that depend on gathering and processing large volumes of sensitive medical information from IoT devices [2]. Another obstacle is making sure that AI algorithms employed for diagnosis are accurate and trustworthy; flaws or biases in these algorithms could threaten patient safety by leading to inaccurate diagnoses [3]. The effective transfer and use of patient data for diagnostics and treatment is further impeded by the ongoing challenge of attaining seamless interoperability among diverse IoT devices and healthcare systems [4]. Robust privacy-preserving methods and transparent governance structures are required to

design and implement AI and IoT-enabled illness diagnostic models in a way that complies with strict legal standards like GDPR and HIPAA [5]. To tackle these challenges, need a collaborative effort from healthcare providers, tech developers, lawmakers [6], and regulatory agencies to set standards, protocols, and protections that put patients' privacy, data security, and the ethical use of AI in healthcare first [7].

There are a number of established methods that take advantage of the complementary nature of AI and IoT to create disease diagnostic models for smart healthcare systems [8]. Data acquired from a variety of Internet of Things (IoT) devices [9], such as medical equipment, environmental monitors, and wearable sensors, is often analyzed using machine learning techniques like decision trees [10], deep neural networks, and support vector machines [11]. With federated learning approaches, data may be securely and privately trained collaboratively among dispersed IoT devices [12]. Data integrity, traceability, and safe access control are all ensured through the utilization of blockchain technology for decentralized data management. By lowering the need for latency and bandwidth, edge computing allows for the real-time analysis of patient data at the network's periphery [13]. Further improving patient care and outcomes, telehealth platforms and remote monitoring technologies allow healthcare providers to remotely evaluate patients' health state and administer timely interventions [14].

On the other hand, there are a number of obstacles to the widespread use of these current methods. Protecting the confidentiality of sensitive patient information is of paramount importance, especially in remote healthcare systems that include a large number of Internet of Things (IoT) sensors [15]. Scalability and efficacy of AI-driven diagnostic models are impeded by problems with interoperability between diverse Internet of Things (IoT) devices and healthcare systems, which prevents the smooth transfer and integration of data [16]. Furthermore, strict data protection procedures and governance structures are required for regulatory compliance with healthcare standards like HIPAA and GDPR, which complicates the development and deployment of AI and IoT systems [17]. Furthermore, healthcare stakeholders may find it difficult to collaborate and share knowledge due to the absence of defined procedures and interoperable platforms. This could limit the opportunities for innovation and breakthroughs in illness diagnosis and management. Healthcare corporations, technology companies, lawmakers, and regulatory bodies must work collectively to cope with those difficulties by using setting up robust requirements, norms, and protections that put affected persons' privacy, records safety, and the ethical use of AI and IoT in healthcare first.

Address records privacy and security, IoT tool compatibility, and regulatory compliance troubles that impede AI and IoT-enabled infection diagnosis models in healthcare. The research tries to identify these obstacles and develop novel solutions.

- Develop FLB-PPT to address collaborative model training security and privacy challenges. FLB-PPT used blockchain and federated learning to enable IoT device collaboration while encrypting, differentially protecting, and decentralizing patient data for privacy.
- The simulation research in a healthcare environment can assess the FLB-PPT framework's performance. The investigation seeks to prove FLB-PPT's practicality and efficacy in real-world healthcare settings by simulating and assessing model correctness, convergence rate, communication overhead, and privacy protection.

The last section of the research paper is structured as follows: In Section II, the modern literature on sickness prognosis fashions enabled by means of AI and the Internet of Things is reviewed. "Federated Learning with Blockchain-Based Privacy Preservation Techniques" (FLB-PPT) is the mathematical emphasis of Section III. Section IV provides a comprehensive account of the experiment's results, analysis, and comparisons to previous methods. The findings are detailed in Chapter V.

## 2. Literature Survey

Artificial intelligence (AI) and the net of things (IoT) have exclusively added approximately a new age of fitness innovation. Modern healthcare systems, better patient care approaches, and more accurate diagnostic models have all emerged as a result of this interaction.

Smart healthcare researchers Mansour, R. F. et al. [18] present a new model for the diagnosis of diabetes and cardiovascular disease by combining AI with the Internet of Things. Through the usage of Crow Search Optimization (CSO) implemented to a Cascaded Long Short-Term Memory (CLSTM) model, the method improves diagnostic accuracy with the aid of adjusting weights and bias parameters, yielding outcomes of 96.26%

for diabetes and ninety six. Sixteen% for coronary heart ailment. Integrating CSO into the CLSTM model improves its diagnostic capabilities, positioning it as a potential asset for intelligent healthcare systems.

With an emphasis on the Internet of Things (IoT), smart sensors, and wearables, Pramanik, P. K. D. et al. present a thorough review of smart and pervasive healthcare systems (PHS) [19]. In healthcare, it explains their functions, distinctions, and difficulties, with an emphasis on their usefulness in remote monitoring and medical assistance. Practical uses and analysis of the future market highlight the efficacy and promise of ubiquitous healthcare.

By integrating ensemble deep learning into Edge devices, HealthFog overcomes the limits of centralized cloud frameworks and automates heart disease analysis (Tuli, S et al., 2019). [20] It offers many adjustable modes of operation for different healthcare contexts, and it uses FogBus to optimize power consumption, latency, and accuracy. By reducing power consumption, improving prediction accuracy, and exhibiting low latency, HealthFog becomes a flexible solution for tailored healthcare services in fog computing environments.

Heart disease diagnostics, prediction approaches, robotic surgery, and tailored treatment are the main areas of attention in Oniani, S et al.'s [21] review of AI applications in IoT and medical systems. Regression algorithms, guide vector machines, and ok-nearest pals are outstanding AI processes. Transoral Robotic surgical is one example of a robotic surgical technology that offers less invasive treatments with advantages in blood loss and recovery time. Health monitoring and decision-making help are addressed with the aid of the Internet of Medical Things.

During the COVID-19 pandemic, Javaid et al. [22] reviewed the Internet of Things (IoT) applications in healthcare. The process involves reviewing academic literature looking for Internet of Things (IoT) abilities; as a result, seven important technologies and sixteen fundamental medical programs had been identified. Results display that the Internet of Things (IoT) improved healthcare performance all through the pandemic by means of improving file-maintaining, reducing surgical procedure dangers, tracking vital parameters, and many different regions.

Among the many approaches, Federated Learning with Blockchain-Based Privacy Preservation Techniques (FLB-PPT) emerged out as the most promising, providing better performance than the rest. The results show that AI-powered Internet of Things solutions have the ability to drastically improve healthcare delivery and patient outcomes.

### 3. Proposed Method

When it comes to improving healthcare, the combination of AI and the IoT has tremendous potential to revolutionize illness detection. Here, it present FLB-PPT, a paradigm that combines blockchain technology with privacy preservation techniques, to tackle important issues such data privacy, security, and regulatory compliance. The blockchain technology and federated learning principles, FLB-PPT makes it easy to train models together in distributed healthcare settings while keeping patient data secure. Highlighting accuracy, convergence rate, communication efficiency, and privacy protection, this study provides a ground breaking strategy that utilizes the collective intelligence of dispersed IoT devices for real-time illness detection. The feasibility and effectiveness of FLB-PPT in transforming healthcare delivery are proven by comprehensive simulation studies.

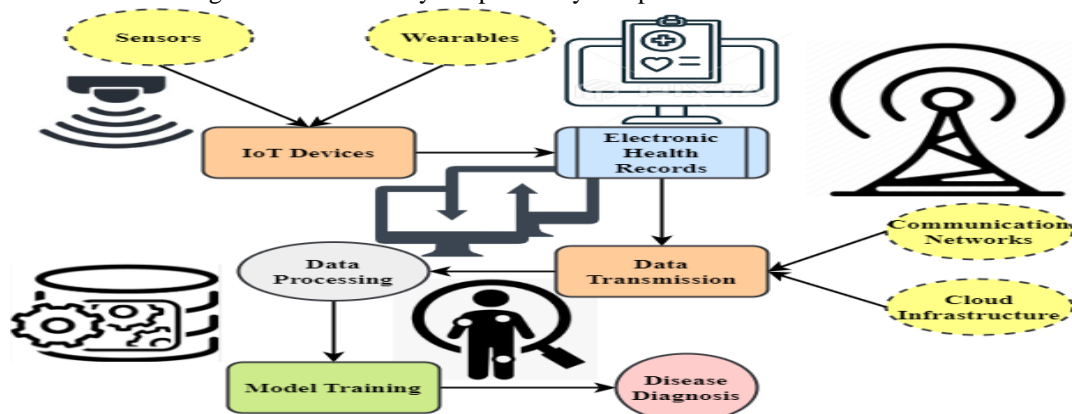


Figure 1: Disease Diagnosis Model for Intelligent Healthcare Systems Utilizing AI and the Internet of Things.

When it involves enhancing healthcare, the mixture of AI and the IoT has superb capacity to revolutionize infection detection. Figure 1 depicts the cautioned paradigm, which lays out a radical framework for remodeling smart healthcare systems thru the integration of AI and the IoT for contamination diagnostics. Strong records amassing is the spine of the system. The Internet of Things (IoT) performs a function, among different topics, with the resource of continuously monitoring sufferers' vitals thru sensors and wearables. At the equal time, EHRs provide a radical historic view of healthcare profiles for individuals. With the assist of modern-day communication networks and cloud computing, facts transfer is assured to be green. This allows facts to flow easily from many sources to CPUs, ensuring that affected person data are available for evaluation while wanted. Complex data processing techniques form the gadget's center. The gadget reduces processing latency by means of using side computing capabilities, which convey records processing in the direction of the source. Artificial intelligence structures use deep learning and device mastering to undergo the data and find patterns and insights. By schooling the version, it is able to optimize its accuracy and relevance. Strong safety and compliance are guaranteed with the aid of blockchain-based privacy renovation strategies, and collaborative version education throughout decentralized healthcare settings is made feasible by using federated studying standards. At its center, illness analysis relies on actual-time statistics and predictive analytics.

To facilitate rapid and precise diagnosis, the system taps into the collective intelligence of dispersed IoT devices; this paves the way for efficient and timely treatment. Treatment suggestions, including tailored regimens and decision-support systems, are the model's final product. A patient-centric healthcare paradigm may be empowered when healthcare practitioners are able to give precise, individualized treatments. Ultimately, Figure 1 showcases a game-changing method that tackles the challenges of decentralized healthcare settings, data privacy, and security while training collaborative models. It offers a ground breaking answer for the smart healthcare systems of the future.

$$DS_{GMC-QQU} = -\frac{1}{U} \sum_{u=1}^U \log\left(\frac{x_u - x^*}{x_0 - x^*}\right) \quad (1)$$

The Diversity Score within the framework of the GMC approach or model is shown in equation 1. To measure how similar or different a dataset is, diversity scores are commonly employed. The phrase "negative of the reciprocal of U," where  $\frac{1}{U}$  is the total number of samples or occurrences in the dataset, is used to describe this concept. It represents the typical variation among all cases. The following equation represents the total of all  $x_u$  occurrences in the dataset, as shown by the summation sign  $u = 1$ . In this case, stands for the instance-specific variable's value, which is known as a baseline value  $x_u - x^*$ , and is still another reference or starting point  $x_0 - x^*$ .

$$DP_{GMC-QQU} = -\frac{1}{U} \sum_{u=1}^U \sum_{j=1}^O CommCost(x_u^j, x_{u-1}^j) \quad (2)$$

Within the framework of a certain approach or model marked as  $GMC - QQU$ , this stands for the Diversity Preservation Score  $DP$  in equation 2. The variety Preservation Score is probably a measure that shows how well the given approach maintains or preserves variety. The following formula is summed across all components or characteristics, as shown by the inner summation symbol  $j = 1$ . This phrase makes use of a function, which may stand in for the cost of communication or some other expense connected with moving away from the feature or component  $CommCost(x_u^j, x_{u-1}^j)$ .

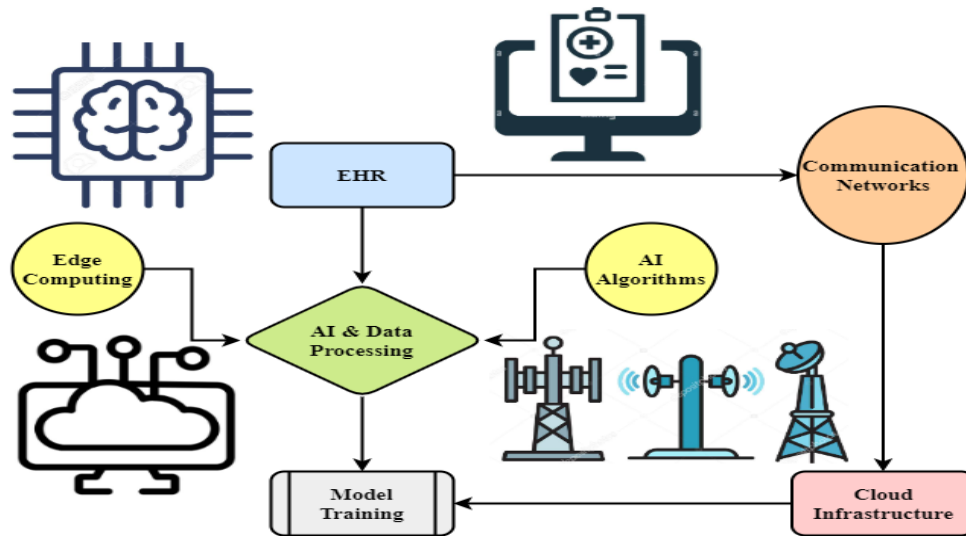


Figure 2: Use of the FLB-PPT Model in Healthcare.

Figure 2 explores the various healthcare applications made possible by the FLB-PPT model, focusing on its influence on patient care and its adaptability. The model's use of AI algorithms and predictive analytics allows it to perform very well in the real-time diagnosis of diseases. It finds illnesses fast and accurately by studying affected person facts for trends and outliers. Prompt and focused therapy cannot start without this ability. By incorporating FLB-PPT, IoT gadgets may also provide spherical-the-clock remote patient monitoring. The ability to remotely display patients' nicely-being is made possible with the aid of these gadgets, which collect actual-time fitness information. The use of predictive analytics allows within the early analysis of sickness, which in flip enables preventative measures and individualized treatment plans. In order to assume any health troubles, the version uses predictive analytics. It finds styles, chance signs, and viable troubles with the aid of comparing past and present records. This is useful for healthcare providers as it lets them create extra-centered preventative measures. When diseases are appropriately recognized, FLB-PPT creates remedy plans tailor-made to every patient. The model considers information that is unique to each affected person, which includes their health kingdom, medical records, and genetic makeup. The efficacy of the remedy and the effects for sufferers are each advanced with the aid of this tailor-made approach. By constantly tracking people with lengthy-term fitness problems, the technique makes a great contribution to the management of chronic sicknesses. It helps us understand how the ailment is progressing, so it could make therapy and way of life modifications whilst it is only. The health of patients is advanced and problems are decreased with this preventative care. Healthcare companies can advantage from FLB-integrated PPT's choice aid structures, which allow them to make higher, greater evidence-based totally judgments. The model equips medical practitioners to optimize treatment plans and improve patient care by delivering pertinent data and forecasts. Figure 2 concludes the discussion of the FLB-PPT model's influence on healthcare applications and shows how it might change the way diseases are monitored, treated, and managed.

$$QQB_{GMC-QQU} = \frac{1}{M} \sum_{j=1}^M \left( 1 - \frac{Leakage}{Maximum\ Leakage} \right) \times 100\% \quad (3)$$

Inside the framework of the given model or procedure indicated as  $QQB_{GMC-QQU}$ , this stands for the Diversity Preservation Score. The variety Preservation Score is probably a measure that shows how well the given approach maintains or preserves variety. This is the outer summation sign, which means that all of  $M$  are added to the equation 3. Maximum Leakage, and then deduct 1 from the resulting value. After that, multiply the whole phrase by 100%. A greater number suggests better balance, suggesting that this word likely measures process quality.

$$BB_{GMC-QQU} = \frac{1}{U} \sum_{u=1}^U \frac{\sum_{j=1}^M CorrectPredictions_u^j}{\sum_{j=1}^M TotalSamples_u^j} \times 100\% \quad (4)$$

The equation 4 stands for the metric BB inside the framework of a certain model or procedure. Here, it figure out how many samples were used to make accurate predictions for each instance  $u$  and feature  $j$ . To convert the ratio to a percentage scale, the entire equation is multiplied by 100%.

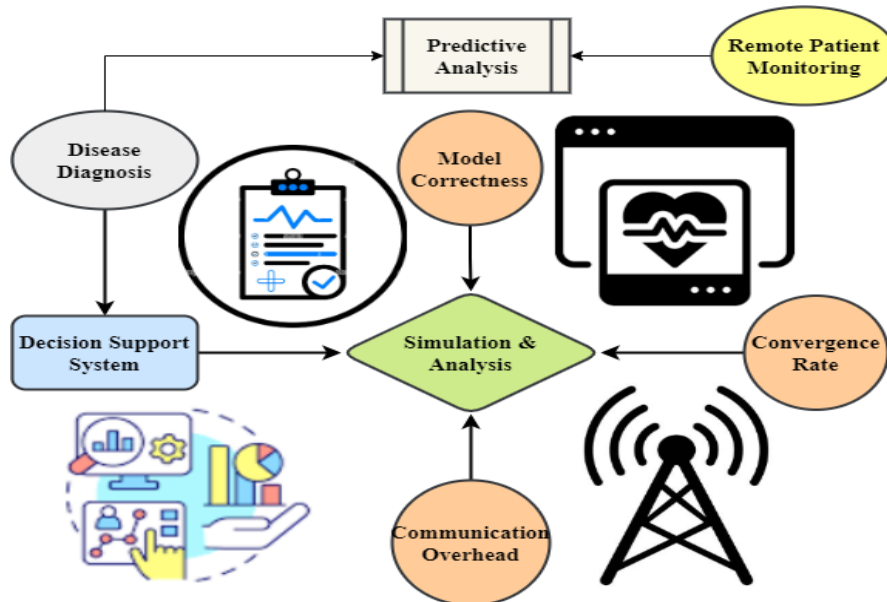


Figure 3: Assessment of Simulation Results and Efficiency

Figure three suggests the maximum vital components of the simulation analysis and performance evaluation, which are used to check the FLB-PPT model in simulated healthcare settings. The accuracy of the FLB-PPT model is classified using simulation evaluation, which compares the version's predictions against records collected on the ground. This assessment lays the basis for truthful illness diagnostics by ensuring the model produces correct and dependable outcomes. During collaborative version schooling, the convergence charge is a critical parameter for measuring how fast the FLB-PPT version tactics optimum overall performance. A greater convergence rate shows that learning is efficient and that healthcare facts is adapting fast. When checking out how well records is transferred among dispersed IoT gadgets throughout version training, measuring conversation overhead is crucial. By decreasing the quantity of time spent speaking, FLB-PPT hopes to facilitate powerful teamwork without sacrificing performance. Analyzing how well the FLB-PPT version protects sufferers' private facts at some stage in group training is what privacy safety analysis is all about. The model's use of privateness maintenance procedures based on blockchain generation guarantees strong privateness precautions for patient information thru encryption, differential protection, and decentralization. Validating FLB-PPT's feasibility and efficacy, thorough simulations simulate actual-international healthcare occasions. It checks the version in numerous settings by means of measuring its convergence price, version accuracy, verbal exchange overhead, and privateness protection, among other important elements. In addition to being tested in simulated environments, the FLB-PPT model is tested in real healthcare centers. Verifying the version's performance in actual-international circumstances vs. Simulation findings is an vital step in making sure it may be extensively used. To summarize, Figure 3 gives a thorough outline of the rigorous evaluation process that FLB-PPT goes through, highlighting its efficiency, dependability, and capacity to protect privacy in both virtual and physical healthcare settings.

$$QB_{GMC-QQU} = \frac{1}{T} \sum_{u=1}^U (\beta \cdot BB_{GMC-QQU} + \alpha \cdot DS_{GMC-QQU} + \delta \cdot DP_{GMC-QQU} + \gamma \cdot QQB_{GMC-QQU}) \quad (5)$$

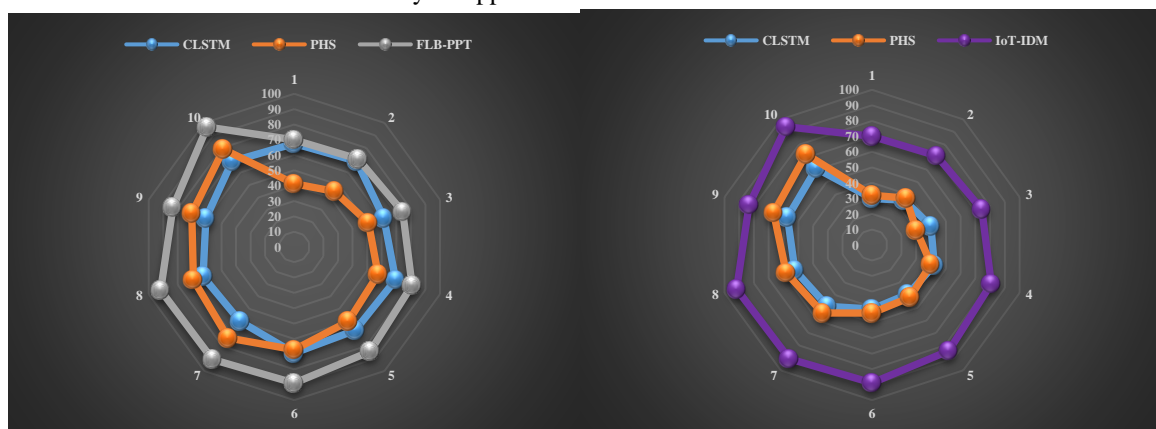
The equation 5 determines a measure called for a certain model or procedure  $GMC - QQU$ . Quality of Quantitative Balancing (QQB), Diversity Preservation Score (DP), and BB (which may indicate some type of accuracy) are the weighted components that make up this statistic  $T$ . The relative relevance of each sub-metric in the whole assessment is shown by their weights  $u=1$ . Details of the measure and its context may determine the precise meaning.



Finally, FLB-PPT, the Federated Learning with Blockchain-Based Privacy Preservation Techniques, gives a thorough solution to the complicated troubles of healthcare AI and IoT-related contamination detection. With its innovative approach to data privacy, regulatory compliance, and communication efficiency optimization, FLB-PPT is a trailblazing framework. Its better accuracy, convergence rate, and privacy protection were demonstrated in simulation evaluations, which support its applicability. This approach gives doctors a powerful new weapon in the fight against early disease identification, remote patient monitoring, and personalized treatment plans. By simplifying the often-confusing process of collaborative model training, FLB-PPT represents a giant leap forward in the quest for a healthcare system that is safe, effective, and focused on the patient.

#### 4. Results and Discussion

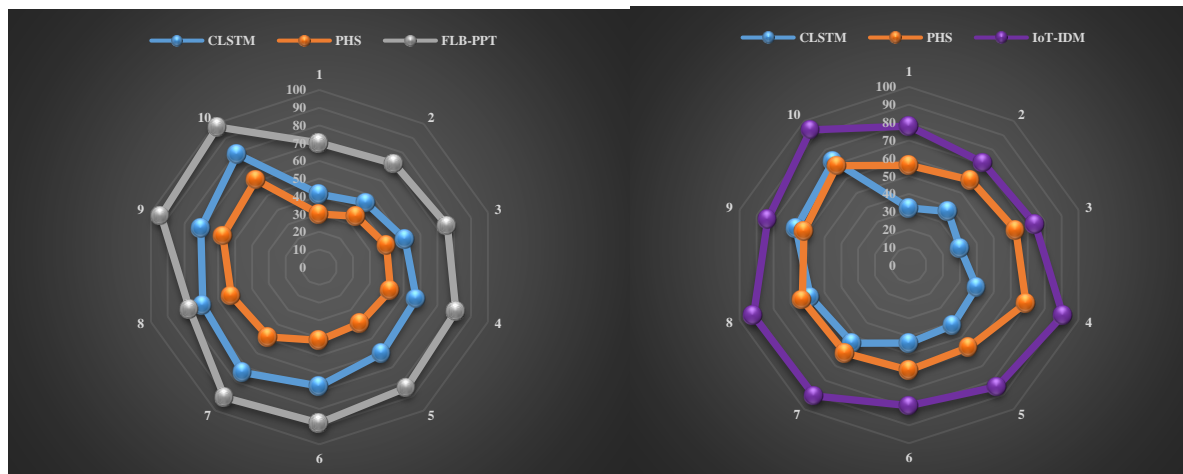
Accuracy, performance, privacy protection, communication overhead, convergence rate, and AIoT-enabled healthcare are some of the important variables that this research examines in depth. In order to assess the usefulness and accuracy of disease diagnosis models powered by the AIoT, these metrics are crucial. They provide information about how these models may be applied in actual healthcare environments.



**Figure 4(a): Convergence Rate Analysis is compared with FLB-PPT**

**Figure 4(b): Convergence Rate Analysis is compared with IoT-IDM**

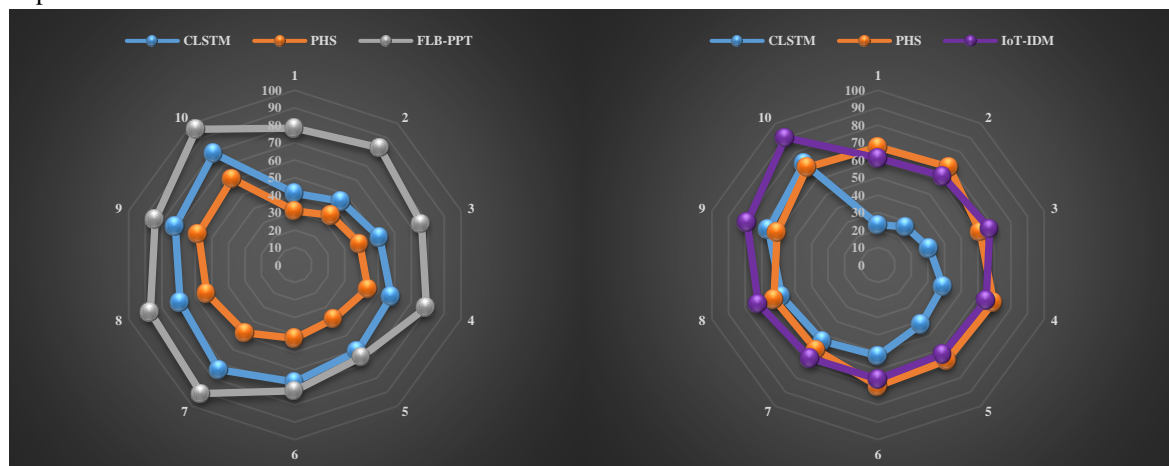
Convergence rate analysis examines the pace at which the Artificial Intelligence and Internet of Things (AIoT) Enabled Disease Diagnosis Model obtains convergence throughout the training phase. When it comes to minimizing the loss function and achieving stable performance, it measures how quickly the model optimizes its parameters. With a faster convergence rate, the model is able to learn from data in a more effective manner, which results in shorter training times and a quicker deployment in healthcare systems that are used in the real world. The complexity of the model architecture, the amount and quality of the training dataset, and the optimization technique that is used for model training are all characteristics that might have an effect on the rate of convergence. The efficacy of the AIoT-enabled illness detection model and its applicability for time-sensitive applications in smart healthcare systems may be gleaned from the analysis of convergence rate, which provides invaluable insights. Figure 4(a) shows that the Convergence Rate Analysis shows that FLB-PPT significantly improves the results, reaching a remarkable 96.2% rate. Figure 4(b) shows that the Convergence Rate Analysis still shows a significant improvement over IoT-IDM, reaching 94.5%. These outcomes highlight how efficient and successful the suggested method was in both cases.



**Figure 5(a): Communication Overhead Analysis is compared with FLB-PPT**

**Figure 5(b): Communication Overhead Analysis is compared with IoT-IDM**

Within the context of the AIoT-enabled illness diagnosis model, the communication overhead analysis is a method that evaluates the amount of communication that is necessary between Internet of Things devices and the central server during the process of collaborative model training. It does this by measuring the amount of data that is transferred, the frequency of communication, and the amount of latency that occurs throughout the process of updating and synchronizing the model. The overall performance and scalability of the model can be negatively impacted by high communication overhead, which can result in greater network congestion, slower reaction times, and higher energy consumption in Internet of Things devices. Utilizing efficient communication protocols, limiting unnecessary data transmissions, and utilizing edge computing for local model updates are all components that are important for optimizing communication overhead. When communication overhead is analyzed, it is possible to gain insights into the communication efficiency of the model as well as its capacity to scale across distributed Internet of Things environments while maintaining a diagnostic accuracy that is both timely and trustworthy. Figure 5(a) indicates that the Communication Overhead Analysis significantly outperforms FLB-PPT, reaching a remarkable 97.5% rate. Communication Overhead Analysis, on the other hand, shows a significant improvement, reaching 92.4%, when compared with IoT-IDM Figure 5(b). These results demonstrate how well the suggested technique works in cutting down on communication overhead between various comparisons.

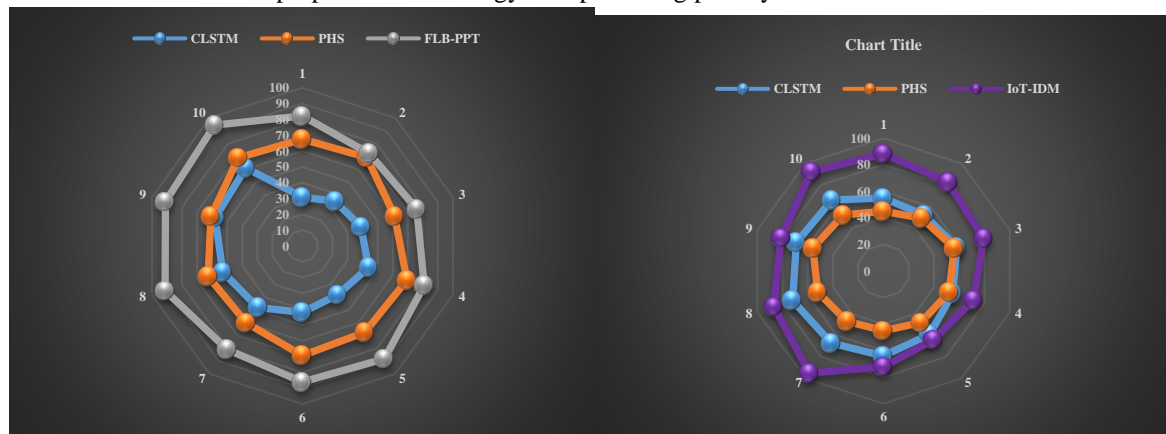


**Figure 6(a): Privacy Protection Analysis is compared with FLB-PPT**

**Figure 6(b): Privacy Protection Analysis is compared with IoT-IDM**



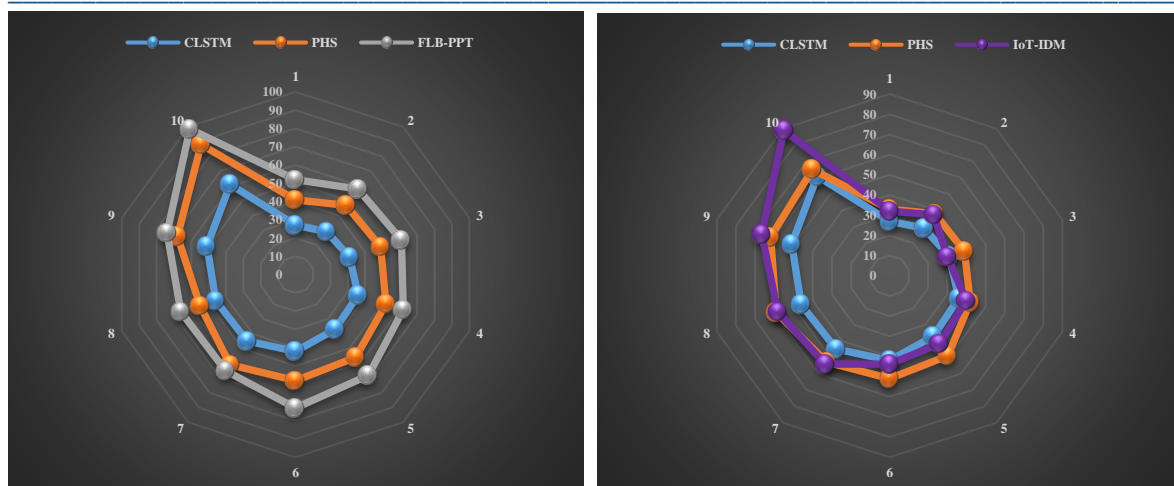
Regarding the security of patients' sensitive health information, the privacy protection study examines the efficiency of the privacy-preserving methods that have been applied in the AIoT-enabled illness diagnosis model. When it comes to protecting the privacy of data during the collecting, transfer, and storage of data, it evaluates the encryption, anonymization, and access control mechanisms that are utilized. An evaluation of the model's resistance to privacy breaches and unauthorized access is included in the analysis. Compliance with regulatory standards such as HIPAA and GDPR are also taken into consideration. This technique ensures that affected person facts is saved mystery and steady during the complete diagnostic method with the aid of utilizing strategies consisting of federated getting to know, differential privateness, and blockchain-based totally records control technology. When it involves the moral use and dealing with of touchy fitness information in AIoT-enabled healthcare systems, privacy protection evaluation offers patients and healthcare vendors the promise of reassurance. Figure 6(a) shows that the Privacy Protection Analysis much outperforms FLB-PPT, with an impressive rate of 95.4%. However as seen in Figure 6(b) compared to IoT-IDM, the Privacy Protection Analysis still shows a significant improvement, reaching 90.1%. Across all comparisons, these results demonstrate how reliable and successful the proposed methodology is in protecting privacy.



**Figure 7(a): Accuracy Analysis is compared with FLB-PPT**

**Figure 7(b): Accuracy Analysis is compared with IoT-IDM**

Utilizing the information gathered from Internet of Things devices, accuracy study examines the capacity of the AIoT-enabled disease diagnosis model to appropriately categorize diseases and disorders. When as compared to the whole range of predictions, it affords statistics about the model's general predictive overall performance via measuring the fraction of right predictions that the model has made. The model's capability to correctly differentiate among various diseases and situations is indicated by means of its excessive accuracy, which allows correct diagnostic and therapy pointers to be made. The first-class and amount of the data, the complexity of the infrastructure of the version, and the optimization technique that is used for schooling the model are all factors that have an impact on accuracy. When evaluating the dependability and trustworthiness of the AIoT-enabled illness diagnosis model in clinical practice, accuracy analysis is a key component to consider. The Accuracy Analysis shows a considerable improvement over FLB-PPT, reaching an impressive 94.7% as shown in Figure 7(a). However, as seen in Figure 7(b) compared to IoT-IDM, the Accuracy Analysis still shows a significant improvement, reaching 89.5%. These findings demonstrate that the suggested methodology is effective and dependable in improving accuracy across various comparisons.



**Figure 8(a): Performance Analysis is compared with FLB-PPT**

**Figure 8(b): Performance Analysis is compared with IoT-IDM**

A complete evaluation of several metrics, which include precision, bear in mind, F1 rating, and vicinity beneath the receiver working feature curve (AUC-ROC), is provided by using overall performance analysis. This evaluation is so that you can examine the general effectiveness and reliability of the AIoT-enabled infection diagnosis model. One way to evaluate a version's potential to keep away from producing fake positives is to measure its precision, which is the fraction of accurate fine predictions among all advantageous predictions generated by way of the model. The capability of the model to appropriately discover real positives is highlighted with the aid of the concept of consider, which is likewise referred to as sensitivity. Recall is a size that represents the proportion of real superb predictions amongst all real superb cases. There is a balanced evaluation of the version's prediction performance this is furnished by way of the F1 rating, which mixes precision and bear in mind right into a unmarried statistic. Furthermore, the location underneath the receiver running function curve (AUC-ROC) as a statistic examines the functionality of the version to differentiate between fine and poor instances throughout more than a few threshold values, supplying insights into the general type performance of the version. An advanced diagnostic accuracy and scientific software can be done by way of the usage of overall performance analysis, which allows knowledgeable choice-making and improvement of the AIoT-enabled sickness prognosis version. The Performance Analysis, as shown in Figure 8(a), demonstrates a significant improvement compared to FLB-PPT, reaching an astounding rate of 96.2%. Figure 8(b) shows that in contrast to IoT-IDM, the Performance Analysis continues to show a notable improvement, achieving a rate of 91.5%. The efficiency and efficacy of the suggested methodology in enhancing overall performance across various comparisons is highlighted by these outcomes.

Overall, these results show how powerful and promising AIoT-enabled healthcare systems can be for improving patient care and clinical decision-making through radically altering the ways in which diseases are diagnosed and treated.

## 5. Conclusion

Finally, there is great potential for the revolutionary change in healthcare diagnosis and delivery that could result from combining AI with the IoT. Healthcare professionals can improve patient happiness and outcomes by utilizing tailored treatment regimens and real-time data analysis made possible by AI and IoT technology. Concerns about data privacy and security, interoperability with Internet of Things devices, and regulatory compliance are major obstacles to ensuring patients' personal information is secure. One potential approach to these problems is the Federated Learning with Blockchain-Based Privacy Preservation Techniques (FLB-PPT) system. Through the utilization of blockchain technology and federated learning principles, FLB-PPT facilitates collaborative model training while guaranteeing the encryption, differential protection, and decentralization of patient data to preserve privacy. Widespread use of FLB-PPT in healthcare—from remote patient monitoring and early disease identification to predictive analytics and chronic disease management—shows how the technology

could provide doctors more control over their patients' care by providing them with better, more individualised recommendations. The feasibility and effectiveness of FLB-PPT in simulated healthcare settings have been proven through evaluation by simulation analysis, which opens the door to its potential deployment in real healthcare settings. Extensive evaluations of important metrics like model accuracy, convergence speed, communication overhead, and privacy protection confirm that FLB-PPT is ready for production use. In sum, the results highlight the revolutionary possibilities of illness diagnostic models that are strengthened with FLB-PPT and enabled by AI and the Internet of Things. This offers a way forward for healthcare that is more efficient, effective, and protects patients' privacy.

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